

5 SEPT 2020 national News TV – PERKESO Rehabilitation Centre

Every disease has a cure, every injury has a way to recover.

Nor Sharfinaz Sari dived into the services and assistance provided by Social Security Organisation Rehabilitation centre (PERKESO) Ayer Keroh, Melaka.

Various rehabilitation programs are provided here including physiotherapy, occupational therapy, life therapy, speech therapy and robotic therapy. Especially the use of sophisticated equipment including the advanced robotics technology from Japan, “Hybrid Assistive Limb (HAL)” successfully recover paralyzed patient.

Cases received here consists of various categories of diseases including cancer, strokes and motor vehicle accidents from all over the country whom is PERKESO insured. They receive physical training and vocational training for free until they are able to return to work.

Until this date, 5,200 PERKESO insured successfully recovered thanks to treatment in this rehabilitation center out of a total of 5,800.

The chief executive PERKESO, Datuk Seri Dr Mohamad Azman Aziz Mohamad says “One of the technologies which I think we can be most proud of and which we can promote is the Cyberdyne robotics therapy, which is using Japanese technology to help those with spinal cord injury as well as those with stroke; to recover and allowing them to be independent and able to walk again.”

In terms of vocational training, he said the centre provided various training for patients including sewing, baking and mobile phones repairing; with the focus on getting patients back to working environment after suffering from disability.

Azmi Hashim, one of the patients shared, “there are many types of the facilities provided here for us, all types of exercises and benefits. I was in a wheelchair when I first came, I am able to ambulate with a walking stick in just 2 weeks and now I can walk independently.”

HaoSze Wu also shared, “it gave us confidence and courage to live again. There are so many things that I cannot do on my own when I first came in. Many things to learn, especially on how to take care of myself including transferring from a wheelchair, dressing up yourself and learning to tough up yourself. This is because I have been bed ridden for long and body became weak.”

Patient, Rody Sophian Joeseh then shared that, “when I first came here my legs were very weak and numb. I had to use a lot of energy from my arms when I wanted to stand up. But after a few months here, exercising under the guidance of therapist and trainer, I am seeing improvement.”

Meanwhile, a staff member Abd Razak Nawi said, “strength, hope and determination to face future life, most importantly is to be able to work again. All the facilities available here are world class facilities.”

This centre also provided hostel which able to accommodate 350 inpatients at one time. There are 190 staffs consisting of expert, officers and experienced medical staff, in providing more effective rehabilitation treatment.

The presenter, Nor Sharfinaz Sari highlighted, "facilities provided at this rehabilitation centre is seen to assist many patients with disability to recover and return to normal lifestyle. Therefore, prepare the umbrella before it rains; do not forget to contribute to SOCSO."